

Plant consumption in medieval Sardinia: the contribution of archeobotany
National Archeological and Ethnographic Museum “G.A. Sanna” of Sassari
Friday, September 1st, 2017, at 7:30 p.m.

The remains of meals and much more. What were Sardinians eating in the medieval period? The reconstruction of food in medieval Sardinia as shown by original findings and documents. On Friday, September 1st, 2017 at 7:30 p.m. in the conference hall at the National Archeological and Ethnographic Museum “Giovanni Antonio Sanna” of Sassari, Alessandra Deiana, expert in archeobotany at the University of Sassari, presents the conference *“Plant consumption in medieval Sardinia: the contribution of archeobotany”*.

The scholar will focus on the vegetal remains to understand the type of species that composed medieval Sardinia and what was used by mankind for dietary concerns. The aim of this is to explain what contribution was made by archeobotany and to illustrate in what manner we are able to retrace such important information regarding dietary concerns in the medieval world, using the remains of meals and more to gather information in written documents.